

MONDAY

JAZZERCISE 9.30 - 10.30am
www.jazzerciseplymouth.com
Jane 01752 548083

OFF KEY Singing Group 12.30-1.30pm
Colleen 07770 683314

YOGA with Venita 6.15 - 7.45pm
venita.botha@gmail.com
Venita 07745 521069

TUESDAY

SLIMMING WORLD various sessions
between 9.30am - 7.30pm
Lyanne 01752 343647

OVER 55'S BINGO 1.30-3.30pm

BUTTERFLYHAZEL 1.30-2.30pm
Fun Phonics + Early Maths (term time)
hazelwazzy@live.co.uk
Hazel 01752 782404

BINGO 7- 9pm

AL ANON FAMILY GROUPS 7.30 - 9pm
Carol 01752 310819
Ann 01752 362709

WEDNESDAY *

JAZZERCISE 9.30 - 10.30am
www.jazzerciseplymouth.com
Jane 01752 548083

GENTLE YOGA ~ for the more mature
10.30 - 11.30am Pam 01752 771275

DELL DANCING 4 - 7.30pm
Marilyn 01752 240109

BROWNIES 6-7.30pm (term time)
www.girlguiding.org.uk
Tracey 07770 982359

THURSDAY

ELM FRIENDSHIP CLUB BINGO
1.30-3.30pm Carol 01752 777076

DELL DANCING 4 - 6pm
Marilyn 01752 240109

AL ANON FAMILY GROUPS 7.30 - 9pm
Wendy 01752 500420

ARGENTINE TANGO LESSON
Free taster lesson 7.15 – 8.15 March 15th 2018!
Improvers lesson 8.15-9.30pm
tangocorazon@hotmail.co.uk
Ines 07884 381296

FRIDAY

ELDER TREE 10.30 - 12pm
01752 227447

STRICTLY MOVES DANCING CLASS
1.30-2.30pm (no partner needed!)
Maureen 01752 301460

RAINBOWS 5.30 - 6.30pm (term time)
www.girlguiding.org.uk
Clare cwicks@hotmail.com

SATURDAY

DELL DANCING 10-11.30am
Marilyn 01752 240109

TEA DANCES 2 – 4pm
check poster for regular dates
Maureen 01752 301460

SOCIAL DANCING 7pm-late
check poster for regular dates
with Dancing Duo
Henry + Jeannie Clark 01803 325905

SUNDAY

CHURCH SERVICES 10.30am
Wednesday 9.30 am * MASS
Check notices for weekly events
www.christchurch-estover.org.uk
01752 780830